



ROCCO

RESTAURANT

ESTD 2006



“We strive to source all of our ingredients seasonally and sustainably through local suppliers such as McCormack Family Farms, Farmhouse Foods, Wrights of Marino, Quigley Meats, Musgraves, Keelings Fruit and Veg, Conatys and Millbrooks.

All our beef is of Irish origin.

“Bain taitneamh as do bhia blasta le chéile”

DENZIL FERNANDES, EXECUTIVE HEAD CHEF



STARTER

TODAY'S SOUP 8.00
(Contains celery)

PAN SEARED BLACK PUDDING 14.00
chimichurri, celeriac and apple remoulade,
poached egg
*(Contains gluten-wheat, eggs, celery, sulphites, milk,
mustard)*

CHICKPEA FALAFEL (VE) 14.00
ajvar, grilled eggplant
(Contains sulphites, celery)

CHICORY SALAD 14.00
Cashel blue cheese, radish, pears, walnuts
(Contains milk, gluten-wheat, sulphites, celery, walnut)

ATLANTIC SEA TROUT 14.00
GRAVLAX
mixed leaves, citrus segments, pickled red onion,
mustard and dill cream cheese, Guinness bread
(Contains fish, sulphites, walnuts, buttermilk, gluten-wheat)



MAIN COURSE

MARKET FISH OF THE DAY

Ask your server for details

SMOKED HAMPSHIRE PORK CHOP 28.00

sauteed cabbage, honey mustard sauce
(Contains sulphites, milk, mustard, celery)

GRILLED CHICKEN SUPREME 25.00

leek fondue, potato gratin dauphinoise
(Contains milk, sulphites, celery)

HERB CRUSTED ROAST LEG OF LAMB 30.00

parsnip puree, honey glazed carrots, creamed potato, mint jus
(Contains gluten-wheat, sulphites, celery, milk, mustard)

CONFIT BARBARY DUCK LEG 28.00

plum, kale, caramelised red onion jus
(Contains soya, celery, sulphites)

8OZ BEEF SIRLOIN STEAK 35.00

8OZ RIBEYE STEAK 38.00

8OZ FILLET STEAK 40.00

Portobello mushroom and onion, brandy peppercorn sauce,
skin on fries
(Contains milk, sulphites)

RISOTTO ARBORIO (VE) 22.00

squash, spinach, asparagus, sage, hazelnut
(Contains hazelnut)

**All of the above dishes are served with
seasonal vegetables and potatoes**



SIDES

CREAMED POTATO <i>(contains milk, sulphites)</i>	4.95
ROAST POTATOES <i>(contains sulphites)</i>	4.95
SEASONAL VEGETABLES	4.95
SKIN ON FRIES	4.95
POTATO GRATIN DAUPHINOISE <i>(contains milk, sulphites)</i>	4.95

DESSERT

PEACH MELBA (VE) Vanilla Ice-Cream <i>(Contains milk)</i>	9.50
IRISH BRAMLEY APPLE PIE Custard, caramel ice cream <i>(Contains gluten-wheat, milk, egg)</i>	9.50
TRIO OF CHOCOLATE Ganache, Gateaux, Fondant <i>(Contains hazelnuts, soya, milk, gluten-wheat, egg)</i>	9.50
RAFAELO GATEAUX Mango coulis, cashewnut <i>(Contains gluten-wheat, egg, cashewnut)</i>	9.50

Kids Menu

Main Course

TODAYS SOUP	4.00
CHICKEN GOUJONS & CHIPS <i>(contains gluten-wheat)</i>	7.00
OPEN CHEESE TOASTIE <i>(contains gluten-wheat, milk)</i>	6.00
4OZ BEEF CHEESE BURGER & CHIPS <i>(contains sesame, gluten-wheat, milk)</i>	8.00
FISH & CHIPS <i>(contains fish)</i>	8.00
LINGUINE CARBONARA <i>(contains gluten-wheat, milk, egg)</i>	9.00
BABY BOWL - MASH WITH GRAVY OR SOUP <i>(contains milk, celery, sulphites)</i>	4.00

Sweet Treats

CHOCOLATE BROWNIE Choose a scoop of ice cream	5.00
STRAWBERRIES & CREAM <i>(contains milk)</i>	5.00
SELECTION OF ICE CREAMS - CHOOSE 2 vanilla <i>(contains milk)</i> , strawberry <i>(contains milk)</i> , chocolate <i>(contains milk, soya)</i> , salted caramel <i>(contains milk)</i> , pistachio <i>(contains milk, pistachio)</i>	5.00

Served with Berry compote or Chocolate Sauce
(contains soya)

