



KNIGHTSBROOK  
HOTEL SPA & GOLF RESORT

# Local Attractions

## THE BOYNE BLUEWAY

Located only 5 minutes from Knightsbrook Hotel, Spa & Golf Resort, the Boyne Blueway is a beautiful stretch of water from Inchamore Bridge near Longwood through the town of Trim itself and on to Bective Mill. Whether you're into paddling or interested in the history and beauty of the Boyne Valley, the Boyne Blueway is a must for all paddling skill levels from beginners to the experienced.

Boyne Valley Activities organise hire sit-on-top kayaks and run rafting trips for those who want to get on and off the water.

Jonathan Swift St., Trim, Co. Meath C15 FR9X

Email: [info@boynevalleyactivities.ie](mailto:info@boynevalleyactivities.ie)

Tel: 086 734 2585

<https://boynevalleyactivities.ie/water-activities/boyne-blueway/>

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## ROYAL CANAL GREENWAY

The enchanting Royal Canal Greenway is 130km of level towpath, ideal for walkers, runners and cyclists of all ages and stages. Rustic and industrial landscapes combine, with rolling fields, pretty waterside villages, working locks and historic landmarks.

Approximately 22km of the Greenway is set in County Meath, with an access point at Longwood, only 15 minutes from Knightsbrook Hotel, Spa & Golf Resort. Storyboards and map-boards at the access points guide you along the way, with picnic areas and benches to pause and enjoy your surroundings.

<https://www.discoverboynevalley.ie/plan-your-visit/things-to-do/royal-canal-greenway>

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## NAVAN ADVENTURE CENTRE

Navan Adventure Centre is an outdoor multi-activity adventure park situated in the Boyne Valley, Co. Meath only 25 from Knightsbrook Hotel, Spa & Golf Resort. The goal at the park is to help children and adults stay active through fun sports, games and challenges.

Navan Racecourse, Proudstown Road, Navan, Co. Meath C15 X8HP

+353 (85) 236 6322

[info@navanadventurecentre.ie](mailto:info@navanadventurecentre.ie)

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## TRIM CASTLE

Few places in Ireland contain more medieval buildings than the heritage town of Trim. Trim Castle is foremost among those buildings. In fact, the castle is the largest Anglo-Norman fortification in Ireland. Hugh de Lacy and his successors took 30 years to build it.

The central fortification is a monumental three-storey keep. This massive 20-sided tower, which is cruciform in shape, was all but impregnable in its day. It was protected by a ditch, curtain wall and water-filled moat.

Castle Grounds - Free of charge

Paid Guided Tours Available

Trim, Co Meath, C15 HN90

<https://heritageireland.ie/places-to-visit/trim-castle/>



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## BEEWISE

Bee Wise Nature Trail is an educational nature trail suitable for all ages and abilities. They have Tour Options available all year round for groups, clubs and schools while our General Open days are available to book for families and individuals.

Bee Wise Nature Trail, Crerogue, Kilmessan, Co. Meath, C15 X62D

Email: [paddy@beewise.ie](mailto:paddy@beewise.ie)

Tel: +353 86 3446791

<https://beewise.ie/>

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## SLANE DISTILLERY

Ireland has a rich history of crafting Whiskey, so where better to discover or deepen your understanding of this past than at Slane Distillery on the historical grounds of Slane Castle.

Here we bring this rich history to life through a working distillery where you can witness whiskey making in action and savour the sounds, aromas and flavours of this ancient process.

N51, Slanecastle Demesne, Slane, Co. Meath, C15 A361

<https://www.slaneirishwhiskey.com/experiences/>

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## THE HOT BOX SAUNA

Our goal, wherever we go, is to connect the power of the traditional sauna experience with the raw beauty of an Irish lake, sea or river. Having spent the time researching, designing and building the sauna at Bective ourselves it has been very special seeing it come to life.

Bective Mill House, Balina, Navan Co. Meath, C15H519

Tel: 087 474 3143

<https://thehotboxsauna.ie/>

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## BOYNE BOATS

Boyne Boats offers tours across the River Boyne and Boyne canal, combining historical facts, myths and legends and Game of Thrones trivia to make an unforgettable, family-friendly boating experience. Take to one of our handcrafted, traditional Irish currachs and paddle the same routes as Ireland's Stone Age ancestors.

Boyne Boats, Drogheda, Co. Meath, A92 X767.

Email: [info@boyneboats.ie](mailto:info@boyneboats.ie)

Tel: [+353863616420](tel:+353863616420)

<https://www.boyneboats.ie/>

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## HILL OF TARA

The Hill of Tara has been important since the late Stone Age, when a passage tomb was built there. However, the site became truly significant in the Iron Age (600 BC to 400 AD) and into the Early Christian Period when it rose to supreme prominence – as the seat of the high kings of Ireland. All old Irish roads lead to this critical site.

Dunsany, Navan, Co. Meath, C15 P44W

Email: [hilloftara@opw.ie](mailto:hilloftara@opw.ie)

Tel: 046 902 5903 / 041 988 0300

<https://heritageireland.ie/places-to-visit/hill-of-tara/>



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