

# TERRACE LOUNGE

LUNCH MENU





# TERRACE LOUNGE

SERVED FROM 12PM - 5PM - DESSERT MENU AVAILABLE UPON REQUEST

## STARTERS

**SOUPS OF THE DAY X 2 CHOICES €6.50 (1.2.7)**

**BAKED SWEETCORN AND BACON GRATIN**  
CHILLI, ONION, CREAM AND MOZZARELLA &  
TOASTED SOURDOUGH €9.00 (1.2.7.14)

**KNIGHTSBROOK SEAFOOD CHOWDER**  
WITH OUR OWN SODABREAD €11.00 (1.2.3.5.7.8)

**SPICY CHICKEN WINGS**  
WITH BLUE CHEESE AND CELERY €11.00 (1.4.7.13.14)

**ORIENTAL BBQ WINGS** WITH SWEET CHILLI MAYO  
AND CELERY €11.00 (1.4.7.12.13.14)

**WINTER FOOD SUPER SALAD**  
KALE, CHICKPEAS, FETA, APPLE, CUCUMBER, TOMATO AND  
PLUMS WITH HARISSA & YOGURT DRESSING €10.00 (1.7.13)

**KNIGHTSBROOK CAESAR SALAD**  
STARTER €9.00 (2.4.7.9.14)  
ADD CHICKEN + €2.00 (2.4.7.9.14)  
ADD PRAWNS + €3.00 (2.3.4.5.7.9.14)

**KNIGHTSBROOK CAESAR SALAD**  
MAIN COURSE €14.00 (2.4.7.9.14)  
ADD CHICKEN + €4.00 (2.4.7.9.14)  
ADD PRAWNS + €6.00 (2.3.4.5.7.9.14)

## GOURMET SANDWICHES

**CAJUN CHICKEN AND ROASTED PEPPER WRAP**  
MANGO MAYONNAISE, BABY GEM LEAVES & SKINNY FRIES  
€13.00 (2.4.7.9.13.14)

**TURKEY, HAM AND STUFFING CLUB**  
TRIPLE DECK TOASTED SANDWICH WITH EGG, TOMATO,  
CRANBERRY AIOLI & SKINNY FRIES €14.50 (1.2.4.7.9.14)

**BUFFALO MOZZARELLA, TOMATO & PESTO CIABATTA**  
€13.00 (2.4.7.14)

**CRAB AND PRAWN MARIE ROSE OPEN SOURDOUGH  
SANDWICH** - CUCUMBER, CAPERS, TOMATO & LEAVES  
€15.00 (1.2.3.4.5.7.14)

**HUMMUS, FALAFEL, SUN DRIED TOMATO BRUCHETTA**  
GARLIC DIP (VEGAN) €13.50 (1.2.4.7.14)

## BUILD YOUR OWN SANDWICH

1 x FILLING..€6.00 2 x FILLINGS..€7.25 3 x FILLINGS..€8.50

ON WHITE, BROWN OR GLUTEN FREE BREAD  
CHOOSE EXTRA FILLINGS FROM: **HAM, CHEDDAR CHEESE,  
BEEF, CHICKEN, TUNA, CHOPPED SALAD, EGG, TOMATO,  
RED ONION, BACON, LETTUCE** €1.25

## MAINS

**BBQ GLAZED BABY BACK RIBS**  
OUR OWN SMOKEY BBQ DIP, MAPLE/ DIJON COLESLAW &  
CHUNKY FRIES €19.00 (1.4.7.9.13.14)

**HOUSE BURGER**  
CHEDDAR, LETTUCE, TOMATO, SMOKED MAYONNAISE,  
BACK BACON, BALLYMALOE RELISH, SEASONED FRIES & SLAW  
€19.00 (2.4.7.13.14)

**BUTTERMILK CHICKEN BURGER**  
SOUR CREAM, ONION RING, WINTER LEAVES & PICKLES  
€19.00 (2.4.7.9.13.14)

## MAINS

**SEAFOOD HOTPOT** - SMOKED HADDOCK, CRAB CLAWS,  
PRAWNS AND MUSSELS IN A GRAIN MUSTARD SAUCE,  
SERVED WITH ROAST NEW POTATOES €19.00 (2.3.4.5.7.9.14)

**BEER BATTERED COD AND CHIPS** - MUSHY PEAS,  
LEMON AND TARTARE SAUCE €20.00 (2.4.5.7.14)

**CHICKPEA AND PENNE PASTA "E' CECI"**  
CARROT AND ALMOND SAUCE, TOASTED ALMONDS &  
FRESH PARSLEY (VEGAN) €17.00 (1.10.14)

**STUFFED TURKEY AND HAM PARCEL** - WITH MASHED POTATO,  
ROAST ROOT VEGETABLES & CRANBERRY JUS €17.50 (1.2.4.7)

## SIDES

ALL SIDES €4.00

CHUNKY FRIES

SEASONED  
SKINNY FRIES

SIDE SALAD  
(9.14)

ROAST ROOT  
VEGETABLES

MASHED POTATO  
(7)

## BEVERAGES

TEA .....€2.95

HERBAL TEAS .....€3.95

AMERICANO .....€3.35

CAPPUCCINO ....€3.75

LATTE.....€3.75

FLAT WHITE ..... €3.75

ESPRESSO ..... €3.30

DOUBLE ESPRESSO .. €3.80

MOCHA..... €3.95

HOT CHOCOLATE... €3.95

## DESSERT SELECTION

PLEASE  
REQUEST  
MENU  
€7.00



### DAILY SPECIALS

Please ask a member of our team  
about today's specials

Please inform your server if you have  
any dietary requirements or allergies.

### ALLERGEN INFORMATION

1. CELERY; 2. GLUTEN; 3. CRUSTACEANS;  
4. EGGS; 5. FISH; 6. LUPIN; 7. DAIRY;  
8. MOLLUSC; 9. MUSTARD;  
10. NUTS; 11. PEANUTS; 12. SESAME SEEDS;  
13. SOYA; 14. SULPHUR DIOXIDE