



# SWIFTS BAR

A SELECTION OF LIGHT SNACKS, MAIN MEALS AND BEVERAGES SERVED UNTIL 9PM

## STARTERS

**KNIGHTSBROOK CAESAR SALAD**

**STARTER €9.00** (2.4.7.9.14)

**ADD CHICKEN + €2.00** (2.4.7.9.14)

**ADD PRAWNS + €3.00** (2.3.4.5.7.9.14)

**KNIGHTSBROOK CAESAR SALAD**

**MAIN COURSE €14.00** (2.4.7.9.14)

**ADD CHICKEN + €4.00** (2.4.7.9.14)

**ADD PRAWNS + €6.00** (2.3.4.5.7.9.14)

**FRESH SOUP OF THE DAY WITH BREAD & BUTTER €6.50** (1.2.7)

**SPICY CHICKEN WINGS WITH BLUE CHEESE & CELERY**

**€11.00** (1.4.7.13.14)

**ORIENTAL BBQ WINGS WITH SWEET CHILLI MAYO & CELERY**

**€11.00** (1.4.7.12.13.14)

## BUILD YOUR OWN SANDWICH

AVAILABLE UNTIL 5 P.M.

**1 x FILLING ..... €6.00**

**2 x FILLINGS ..... €7.25**

**3 x FILLINGS ..... €8.50**

ON WHITE, BROWN OR GLUTEN FREE BREAD

CHOOSE EXTRA FILLINGS FROM:

**HAM, CHEDDAR CHEESE, BEEF,  
CHICKEN, TUNA, CHOPPED SALAD,  
EGG, TOMATO, RED ONION,  
BACON, LETTUCE €1.25**



# SWIFTS BAR

**PLATTERS** **SHARING PLATTER FOR 2 ONLY...€13.00**; SPICED WINGS, BBQ WINGS, BBQ BABY BACK RIBS, CHICKEN GOUJONS, SAUSAGES, SEASONED FRIES AND SLAW (2.4.7.9.13.14)

## SNACKS & BURGERS

**CAJUN CHICKEN AND ROASTED PEPPER WRAP**  
MANGO MAYONNAISE, BABY GEM LEAVES & SKINNY FRIES €13.00 (2.4.7.9.13.14)

**LOADED FRIES** €8.00 (1.2.4.7.9.14)

**TURKEY, HAM AND STUFFING CLUB**  
TRIPLE DECK TOASTED SANDWICH WITH EGG & TOMATO, CRANBERRY AIOLI, SKINNY FRIES €14.50 (1.2.4.7.9.14)

**6 CHICKEN FILLET GOUJONS** SEASONED FRIES & BLUE CHEESE DIP €14.00 (1.4.7.13.14)

**BBQ GLAZED BABY BACK RIBS** - OUR OWN SMOKEY BBQ DIP, MAPLE/ DIJON COLESLAW & CHUNKY FRIES €19.00 (1.4.7.9.13.14)

**HOUSE BURGER** - CHEDDAR, LETTUCE, TOMATO, SMOKED MAYONNAISE, BACK BACON, BALLYMALOE RELISH, SEASONED FRIES & SLAW €19.00 (2.4.7.13.14)

**BUTTERMILK CHICKEN BURGER** - SOUR CREAM, ONION RING, WINTER LEAVES & PICKLES €19.00 (2.4.7.9.13.14)

**MEAT LESS BURGER** - VEGETARIAN PROTEIN, LETTUCE, TOMATO, SMOKED MAYONNAISE, BALLYMALOE RELISH, ONION RINGS, SEASONED FRIES & SLAW (VEGETARIAN) (2.4.7.13.14) €19.00

## MAINS

**BEER BATTERED COD AND CHIPS**  
MUSHY PEAS, LEMON AND TARTARE SAUCE €20.00 (2.4.5.7.14)

**CHICKPEA AND PENNE PASTA**  
"E' CECI" - CARROT AND ALMOND SAUCE, TOASTED ALMONDS & FRESH PARSLEY (VEGAN) €17.00 (1.10.14)

**CHAR GRILLED 8OZ STRIPLOIN STEAK**  
SEASONED FRIES, ONION RINGS, PEPPER SAUCE & SLAW €27.00 (2.4.14)

**SEAFOOD HOTPOT**  
SMOKED HADDOCK, CRAB CLAWS, PRAWNS AND MUSSELS IN A GRAIN MUSTARD SAUCE, SERVED WITH ROAST NEW POTATOES €19.00 (2.3.4.5.7.9.14)

## SIDES

**ALL SIDES €4.00**

**CHUNKY FRIES**

**SEASONED SKINNY FRIES**

**SIDE SALAD** (9.14)

**ROAST ROOT VEGETABLES**

**MASHED POTATO** (7)

## BEVERAGES

|                  |       |                       |       |
|------------------|-------|-----------------------|-------|
| AMERICANO .....  | €3.35 | ESPRESSO .....        | €3.30 |
| CAPPUCCINO ..... | €3.75 | DOUBLE ESPRESSO ..... | €3.80 |
| TEA .....        | €2.95 | LATTE .....           | €3.75 |
| HERBAL TEAS ...  | €3.95 | MOCHA .....           | €3.95 |
|                  |       | FLAT WHITE .....      | €3.75 |
|                  |       | HOT CHOCOLATE .....   | €3.95 |

## DESSERT SELECTION

PLEASE REQUEST MENU €7.00



### DAILY SPECIALS

Please ask a member of our team about today's specials  
Please inform your server if you have any dietary requirements or allergies.

### ALLERGEN INFORMATION

1. CELERY; 2. GLUTEN; 3. CRUSTACEANS;  
4. EGGS; 5. FISH; 6. LUPIN; 7. DAIRY;  
8. MOLLUSC; 9. MUSTARD;  
10. NUTS; 11. PEANUTS; 12. SESAME SEEDS;  
13. SOYA; 14. SULPHUR DIOXIDE