

Pool Timetable

Adult Hours (Over 18 Only): Monday to Friday 6am to 9am, 7pm to 9pm

Saturday, Sunday and Bank Holidays: 8am to 9am, 7pm to 8pm

Children's Hours (Under 18): 9am to 7pm daily

Open Swim is available all day!

MON

11am to 11.45am

Aqua Fit

3.30pm to 6.15pm

Children's Lessons

8.00pm to 8.30pm

Aqua Fit

TUES

INSTRUCTOR

3.30pm to 6.15pm

Children's Lessons

7.30pm to 8.15pm

Aqua Fit

WED

11am to 11.45am

Aqua Fit

3.30pm to 6.15pm

Children's Lessons

7.15pm to 7.45pm

Adult Lessons

8.00pm to 8.30pm

Aqua Fit

THURS

10.30am to 11.30am

Adult Lessons

3.30pm to 6.15pm

Children's Lessons

FRI

9.00am to 10.30am

Baby Swim

11am to 11.45am

Aqua Fit

3.30pm to 6.45pm

Children's Lessons

SAT

8.45am to 1.15pm

Children's Lessons

SUN

9am to 1.15pm

Children's Lessons

INFO

Monday - Friday:

6am to 9pm

Sat, Sun & BH:

8am to 8pm

**Private lessons
take place daily**

Last showers 15 minutes
prior to closing