

# The River Spa

## January & February Special Offers

### SUNDĀRI Abhyanga Massage

Abhyanga is a flowing and profoundly relaxing therapy for all in need of stress relief. This Rhythmical and deeply soothing, warm oil massage helps stimulate and move “prana” our life force, which drives your body’s vital energy.

**1hr 15mins ~ €90**

### The SUNDĀRI Facial

Reawaken and rejuvenate skin—with a holistic facial customized for your skin’s specific needs. Naturally active ingredients are custom-blended for intensive exfoliation and renewal; our signature Marmassage (pressure point stimulation) completes the experience, for newly radiant skin. **55 mins ~ €79**

### Ytsara Nuat Nammam ~ Contouring Body Oil Ceremony

Asian Aromatherapy in a relaxing and restorative massage technique with the soothing value of acupressure massage where our therapists use a synergy of long pepper & cinnamon essential oils that will help your body drain toxic waste and resculpt your figure.

**1hr 20mins ~ €85**

### Mini Spa Package Offers

Samsara Sea Salt Body Exfoliation & a choice of a Ytsara Mini Facial **OR**

Back Neck & Shoulder Massage

**€90**

Leighton Denny Express Manicure & Pedicure

**€40**

Gelish Manicure & Pedicure ~ **€55**

**For Appointment Call ~ 046 9482147**

*Your personal journey begins the moment you enter the River Spa and remains long after you leave*

